



July 2020

GHANA

SIGN UP FOR

PILGRIMAGE SANKOFA

15 DAYS EDUCATIONAL JOURNEY

**CELEBRATE PANAFEST
ON THE MOTHERLAND**



www.aauone.org



15 DAYS EDUCATIONAL JOURNEY TO OUR MOTHERLAND

WHAT?

The journey of **Sankofa** allows people of the diaspora a place to claim their African heritage. A spiritual awakening of their connection to the motherland will allow Africans from the diaspora to reconnect and learn about their ancestral roots.

HOW?

After commemoration of the **First Boat** of enslaved **Africans** to arrive in Jamestown, VA from the Gold Coast currently known as Ghana. This year **2020**, **401** years later (**1619 – 2020**) we are **WELCOMED**, Africa's children in the diaspora returning to the Motherland. The Government and the people of Ghana have welcomed us, with the **Establishment of the PILGRIMAGE of SANKOFA (back to your ROOTS)** for her children in the diaspora to come back home.

WHO?

All the People of the African Diaspora

WHEN?

July 15, 2020 - July 30, 2020

WHY?

“Know for certain that for four hundred years your descendants will be strangers in a country not their own and that they will be enslaved and mistreated there. But I will punish the nation they serve as slaves, and afterward they will come out with great possessions. In the fourth generation, your descendants will come back here (home)”.

- African Proverb (in Genesis 15:13-14)



The Power of Sankofa



Sankofa

Sankofa is an African word from the Akan tribe in Ghana. The literal translation of the word and the symbol is “it is not taboo to fetch what is at risk of being left behind.

The Akans believe that there must be movement and new learning as time passes. As this forward march proceeds, the knowledge of the past must never be forgotten.

The journey of Sankofa allows people of the diaspora a place to claim their African heritage. The trip will affect journeyman physically, mentally, and spiritually. A spiritual awakening of their connection to the motherland will allow Africans from the diaspora to reconnect with their ancestral roots.

Contact American Africans United (AAU)

U.S.A: 240-678-5480/301-779-4252/240-426-264

THE 15 DAYS OF RETURN

The Educational Experience

Day 0 – July 15: Arrival Day by Participants

Lodging: Hotel In Accra



All Participants will arrive in Kotoka International Airport, Accra Ghana and will travel to a hotel in Accra. Participants will start their educational journey with an overview of the African continent and history.

Day 1 & 2 - July 16 - 17: North of Ghana

Our first stop takes us to the unique Zayaa mosque at Wulugu, which was built out of mud in the 19th century. Continue to Tongu, which is known for its Tengzug shrine and beautiful rock formations. In the afternoon we visit the Green House, where you will learn about the typical community life and the shea butter process. Stay at **Bolgatanga**



Zayaa Mosque at Wulugu

Days 3 - July 18: Crocodile Sanctuary

In the morning we drive to Paga and you visit the Crocodile Pond where the friendly crocodiles live. Take a picture with them before you continue to the old Pikworo slave market to view a historic slave transit camp and relics of the slave trade. Continue to Old Navrongo Catholic Cathedral Building, built completely out of mud bricks. Visit the Sirigu arts village, a scenic village known for its basketry pottery, traditional architecture and wall paintings. Participate in a pottery workshop or do a guided tour through the village on a bicycle. Stay at **Tamale**



Crocodile Pond

Day 4 - July 19: Mole National Park

We continue to **Mole National Park**, Ghana's largest protected area, to do the afternoon safari tour. You can choose between a walking or driving Ghana safari tour. Relax at the poolside and enjoy the amazing view over the waterhole in the park. In **Mole National Park**, which is home to elephants, antelopes, hartebeests, waterbucks, buffaloes, water hogs, lions, leopards, hyenas and many others! Take an afternoon ride in the canoe to view local wildlife like crocodiles, monitor lizards and birds. Stay at **Mole Motel** at the park.



Mole National Park Tour

Day 5 - July 20: Canoe Safari

Early in the morning we will do another in the Hippo Sanctuary. Watch some of the 250 species of birds living in this area and some typical techniques of the local fishermen. Later we will continue our journey with a trip to the beautiful Kintampo waterfalls, located in the woods. After a short hike to the falls, take a break to enjoy the amazing natural environment. Continue to Boabeng Fiema Monkey Sanctuary to view and feed the monkeys. In this small area the monkeys are protected and treated as sacred. We continue our journey to **Techiman**, where we spend the night.



Wechiau Hippo Sanctuary

Day 6 - July 21: Bonwire

We continue to **Adinkra village** where you can design your own print clothes. Later we will continue to the Ashanti Kente cloth weaving village in Kumasi, which carries on the centuries-old Kente-weaving tradition. After learning about the creation of Kente cloth you will be guided through the community and witness palm-wine production. Participants will journey to an **Adinkra village** to design your own print clothes. Participants will continue to **Bonwire** Ashanti Kente cloth weaving village in Kumasi. Stay at **Kumasi**



Kente Weaving Village

Day 7 - July 22: Ashanti Kingdom



The King of the Ashanti who sits on the Golden Stool

Of the many African tribes, one of the most outstanding are the Asante in Ghana. The Asante call themselves a state within a state, since they have their own king, flag, culture and language. We will take you to **the Ashanti King's Palace**, which was used by the Ashanti kings until **1974**. Take a walk around the historic site and visit the museum. Later you will see the **'unmovable' Komfo Anokye Sword**, which is said to be a symbol of **unity between the Nzema and the Ashanti tribes**. Continue to the cultural centre to view the amazing handicrafts. Stay at **Kumasi**

Day 8 - July 23: Kejetia Market



Kejetia Market

Discover West Africa's largest **Open-Air Market** in Kumasi's **Kejetia Market** with over **45,000 stalls**. Find handicrafts and souvenirs from around the country, including glass beads, batik fabrics, and woodcarvings, then watch metal traders transform scrap into innovative new pieces, and sample freshly-made delicacies in the bustling capital of Ghana's Ashanti region. Stay at **Cape Coast**

Day 9 - July 24: Day in Elmina & Panafest Celebration

The participants will also visit the **Elmina Castle**. The Ft. St. Georges is the oldest European building in Sub-Sahara Africa and one of the largest slave dungeons in the world built by **the Portuguese in 1482**. Overnight in Elmina. In addition, they will participate in the celebration of the Panafest activities.

Stay at **Cape Coast**



ELMINA CASTLE WITH OBAMA FAMILY



ELMINA CASTLE

Day 10 - July 25: The Door of No Return

Lodging: **Cape Coast**



DOOR OF NO RETURN

In the afternoon we continue to **Cape Coast Dungeons**, which used to hold slaves before they were loaded onto ships through The **Door of No Return** and sold in the Americas.



DOOR OF NO RETURN

Day 11 - July 26: The Canopy Walk



Morning drive to **Kakum National Park** to enjoy the view from the Canopy Walkway: over **7 bridges & tree tops at 40m height**. Take a picture in the Crocodile sanctuary; the crocodiles and turtles inhabit together with a range of birds. In the afternoon, you can take a walk along the beach and relax. Enjoy a typical Ghanaian cultural performance in the evening. Stay at **Cape Coast**

Day 12 - July 27: Slave River



Participants will visit the **Assin Manso Slave River**. This river is where captured slaves from the Northern part of Ghana had their **Last Bath** before being transported to the Americas and dip themselves in the river. Also, take part in the Emancipation celebrations. Stay at **Accra**

SLAVE RIVER

Day 13 - July 28: W.E.B. Du Bois Memorial Centre for Pan African Culture

Lodging: Accra



W.E.B. DuBois Mausoleum

We will visit the **W.E.B. DuBois Centre**, to learn about **W.E.B. DuBois's** role in Pan Africanism and Lecture at a University on the **TRUE HISTORY** about people of Africa. Also, experience the busy Makola Market. Finally, we will take you to the **Arts Center**, where you will find a great choice of local handcrafts. See behind the scenes of the Art Center and enjoy a drumming session with the locals. Drop at location of your choice in Accra. Staying in Accra.

Day 14 - July 29: Accra

Lodging: IN ACCRA



Jamestown Lighthouse

We will start the day in Accra with a climb to the top of the old lighthouse near James Fort in Jamestown with a great view of the city and the busy and colorful fishing harbor. Meet with African Americans Association of Ghana (AAG) Leadership.

Day 15 - July 30: Free day for Participants

The last day of the Sankofa Trip and Day of Departure to USA, however, Travelers are welcomed to extend their trip at their own cost.

TRIP PACKAGES

PREPARATION FOR GHANA TRIP

- Register for this trip at www.aauone.org
- Passport required
- We will assist with Ghana Visa if needed
- Recommendation to take Malaria medication

TRIP INCLUDES:

- Gratuity for Drivers
- Workshops on Ghana Residence and Investment Opportunities

Cost 1: 15-day Educational Experience

With purchase of Own Air ticket to Ghana.

- For 2 people per room: **\$2,100.00** Per Person
- For 1 Person per room add: **\$495.00**

Trip Package1 Includes*

- Accommodations with three meals a day
- Air-Conditioned Transportation
- Most Attraction Entry Fees

Cost 2: 15-day Educational Experience

- For 2 people per room: **\$3,600.00** Per Person
- For 1 Person per room add: **\$495.00**

Trip Package2 Includes*

- Airfare from Washington Dulles Airport
- Accommodations with three meals a day
- Air-Conditioned Transportation
- Most Attraction Entry Fees

Educational Materials provided

Visit www.aauone.org for more information.

AAU & GAPBUSTER PRESENT

THE SANKOFA EDUCATIONAL JOURNEY

AAU & GapBuster Sankofa

Educational Trip Registration Form

(Online Registration available at www.aauone.org)

Guest 1

Last name _____ First name _____

Age _____ Sex: M F

Address _____

Home Phone _____

Work Phone _____

Cellular Phone _____

Email Address _____

In case of emergency, please contact _____

Home Phone _____ Cellular _____

Guest 2 (Optional)

Last name _____ First name _____

Age _____ Sex: M F

Address _____

Home Phone _____

Work Phone _____

Cellular Phone _____

Email Address _____

In case of emergency, please contact _____

Home Phone _____ Cellular _____

Referred By: _____

\$250 Deposit per Person Required To Reserve Spot

We accept Cash or Checks payable to AAU and Credit cards are accepted online
PAYMENT PLANS AVAILABLE - Contact Us at 240-678-5480/301-779-7252
Scan/Email completed registration form at ybutlerlulac@gmail.com or info@aauone.org

Mail to P.O. Box 3356, Silver Spring, MD 20901

FINAL PAYMENT IS DUE AT LEAST 30 DAYS BEFORE THE TRIP STARTS

**** You can extend the trip at your own expense ****

Future trips in 2020 – Check out our website for more information